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UNIVERSITAS RIAU



INSTITUTE OF HEALTH SCIENCE
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VIRTUAL CONFERENCE

4th R I N C

RIAU INTERNATIONAL NURSING CONFERENCE

4-5 NOVEMBER | 2020

Book of Abstract



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**PROVIDING A COMPASSIONATE NATURE OF NURSING CARE:
The Challenges and The Opportunities
To Improve Research, Education, Health Care
and Policy Outcomes**

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24. Effectiveness of Sesame Oil for The Prevention of Pressure Ulcer in Patients with Bed Rest Undergoing Hospitalization <i>Chrisyen Damanik, Sumiati Sinaga, Kiki Hardiansyah</i>	14
25. Relationship Between Self Management and Blood Pressure Control of Hypertension Patients During The Covid 19 Pandemic <i>Desti Puswati, Dekriani Yushella</i>	14
26. Development of Nurse Compliance Theory Through The Medication Therapy Management (MTM) Model on Adverse Drug Event and Patient Satisfaction <i>Christina Anugrahini, Rr. Tutik Sri Hariyati, Achir Yani S. Hamid</i>	15
27. Political Commitment Analysis in Tuberculosis Treatment Program <i>Dwi Sapta Aryantingsih, Suparno, Muhammad Giatman</i>	15
28. Refusal Haemodialysis in Ends State Renal Disease Patient A Phenomenology Study <i>Kiki Hardiansyah, Safitri, Sri Rahayu, Annisa A'in</i>	16
29. Nursing Theories As The Basis for The Handover Development: A Systematic Review <i>Diah Arruum, S. Setyowati, Enie Novieastari, Achir Yani S. Hamid</i>	16
30. Readiness of Patient Room for Implementation Interprofessional Education in Universitas Sumatra Utara Hospital <i>Rika Endah Nurhidayah, Hasmela Revi</i>	17
31. Foot Deformity in Diabetic Neuropatic Patients <i>Dian Anggraini, Yulia, Lestari Sukmarini</i>	17
32. Analysis of Differences Electrocardiographic Employess of Health Polytechnic of Tanjungkarang <i>Efa Trisna, Anita Putri</i>	18
33. Walking Exercise in Blood Pressure Patient in Post Coronary Artery By Pass <i>Kipa Jundapri, Sutomo Kasiman, Ikhsanuddin Ahmand Harahap</i>	18
34. The Effect of Gargling Using Red Ginger on Xerostomic Scores In Diabetes Mellitus <i>Wardah, Asti Winda Wati, Rizka Febrina, M. Zul'Irfan</i>	19
35. Theory Approah: Literature Review <i>Gipta Galih Widodo, Dewi Irawati</i>	19
Emergency and Critical Care Nursing	20
1. Family Needs of Patient Hospitalized in Critical Care Unit: Scoping Review <i>Siti Rahmalia HD, Hsing-Mei, Chen</i>	21
2. Variables Predicting for Duration of Mechanical Ventilator in ICU Patients: Retrospective Study <i>Hellena Deli, Hetty Yuliana</i>	21
3. Determinant Factor of Length of Stay Patient in The Emergency Department <i>Kiki Hardiansyah Safitri, Yuliha Sarah, Aries Abiyoga</i>	22
4. The Effect of Relaxation by Listening to “Asmaul Husna” on Preoperative Patient’s Anxiety in The Operating Room <i>Gamyatri Utami, Siti Rahmalia, Rismadefi Woferst</i>	22
5. Knowledge and Attitude of Nurses Towards The Implementation of Triage in Emergency Room <i>Carles</i>	23
6. Correlation of Room Preparation with Patient Boarding Time in Yellow Zone Emergency <i>Maria Yulita Meo, Yohanes Paulus Pati Rangga</i>	23

**CONFERENCE PROGRAM
VIRTUAL CONFERENCE
RIAU INTERNATIONAL NURSING CONFERENCE (RINC) 2020
4th – 5th November 2020**

Day 1: Wednesday, November 4th, 2020

No	Time	Activities	Chair Person
	08.00-08.30 WIB	Zoom Room Open	Committee
1	08.30-08.40 WIB	Video Profile Faculty of Nursing, Universitas Riau	
2	08.40-08.50 WIB	Opening	Committee
3	08.50-08.55 WIB	Indonesia National Anthem: Indonesia Raya	
4	08.55-09.00 WIB	Qur'an Recitation	
5	09.00-09.10 WIB	Du'a	Ns. Alfian Konandi, S.Kep
6	09.10-09.20 WIB	Welcoming Speech by Chairman of the Committee	Ns. Sri Wahyuni, Ph. D
7	09.20-09.25 WIB	Welcoming Speech by The Dean of Faculty of Nursing, Universitas Riau	Prof. Dr. Ir. Usman M. Tang, MS
8	09.25-09.30 WIB	Opening Speech by Rector of Universitas Riau	Prof. Dr. Ir. H. Aras Mulyadi, M.Sc
9	09.30-09.40 WIB	Photo session	
		Keynote Speakers Sessions	Moderator
10	10.00-10.30 WIB (10.00-10.30 AM Thailand Time)	Assoc. Prof. Dr. Nongnut Boonyoung (Thailand)	Moderator
	10.30-10.45 WIB (10.30- 10.45 AM Thailand time)	Discussion Session	
11	10.45-11.15 WIB (02.45-3.15 PM, Australian Time)	Dr. Fathimah Shifaza, PhD, MSc, RN, RM (Australia)	Moderator
	11.15-11.30 WIB (3.15-3.30 PM, Australian Time)	Discussion Session	
12	11.30-12.00 WIB (Indonesian Time)	Erika, SKp., M.Kep., Sp Mat., PhD.,	Moderator
	12.15-12.30 WIB	Discussion Session	
13	12.30-13.30 WIB	Break	
		Video Presentations (Paralel Sessions)	
14	13.30-13.35 WIB	Video profile Co-Host STIKES Hangtuh Pekanbaru	
15	13.40-15.25 WIB	Video Presentations (Paralel Sessions) and discussion	Committee
16	15.25-15.30 WIB	Closing for the Day 1	Committee

Day 2: Thursday, November 5th, 2020

No	Time	Activities	Chair Person
1	08.00-08.25 WIB	Zoom Room Open	Committee
2	08.25-08.30 WIB	Opening	Committee
3	08.30-09.00 WIB (08.30-09.00 PM USA Time)	Keynote Speakers Session Prof. Joanne Kraenzle Schneider, PhD., R.N (USA)	Moderator
	09.00-09.15 WIB (09.00-09.15 PM USA Time)	Discussion Session	
4	09.15-09.20 WIB	Video profile Co-Host STIKES Payung Negeri	
5	09.20-12.00 WIB	Video Presentation (Paralel Sessions) and discussion	Committee
6	12.00 WIB	Break	
		Keynote Speakers Sessions	Moderator
7	13.00-13.05 WIB	Video profile Co-Host STIKES Tengku Maharatu	
8	13.05-13.35 WIB (02.05-02.35 PM Taiwan Time)	Prof . Hsu Ji Chang, RN, PhD (Taiwan) Title : Mental Health in Young People	Moderator
	13.35-13.50 WIB (02.35-02.50 PM Taiwan Time)	Discussion Session	
9	13.50-14.20 WIB (7.50-8.20 AM, Netherland Time)	Irma Everink, MSc., PhD (Netherland)	Moderator
	14.20-14.35 WIB (8.20- 08.35 AM, Netherland Time)	Discussion Session	
10	14.35-15.05 WIB (7.35-08.05 AM, Edinburgh Time)	Dr. Martina Balaam, PhD, MSC, RGN, RNT (Edinburgh)	Moderator
	14.45-15.00 WIB (08.05-08.20 AM, Edinburgh Time)	Discussion Session	
		Closing Ceremony	Moderator
11	15.00-15.10 WIB	Reporting Speech by Chairman of Committee	Ns. Sri Wahyuni, Ph. D
12	15.10-15.20 WIB	Closing Speech by the Dean of of Faculty of Nursing, Universitas Riau	Prof. Dr. Ir. Usman M. Tang, MS
13	15.20-15.25 WIB	Du'a	Ns. Alfian Konandi, S.Kep
14	15.25-15.30 WIB	Closing	Committee

EFFECTIVENESS OF SESAME OIL FOR THE PREVENTION OF PRESSURE ULCER IN PATIENTS WITH BED REST UNDERGOING HOSPITALIZATION

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Pressure Ulcer is one of the most problems in patients with bed rest. Reposition and skin care are deterrent against the incidence of pressure ulcer. Objective: This study aimed to analyze the effectiveness of sesame oil for the prevention of pressure ulcer in patients with bed rest undergoing hospitalization. Method: This study used a randomized controlled trial design. Forty samples were divided into two groups: control and intervention groups. This study was analyzed using Chi Square. Results: The results showed that there was a significant difference between two groups ($p=0,04$). Conclusions: Skin care with sesame oil can prevent pressure ulcers. These results recommended that sesame oil can be used for nursing intervention for the prevention of pressure ulcers.

Keyword: Pressure Ulcer, Sesame Oil, Bed Rest

RELATIONSHIP BETWEEN SELF MANAGEMENT AND BLOOD PRESSURE CONTROL OF HYPERTENSION PATIENTS DURING THE COVID 19 PANDEMIC

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Objective: Aims to determine the relationship between Self Management and Blood Pressure Control in Patients with Hypertension. Methods: Research with descriptive correlation design, research location of Puskesmas Lima Puluh Pekanbaru City. Sampling was conducted on 66 respondents using probability sampling technique type random sampling. The measuring instrument used was the Hypertension Self-Management Behavior (HSMBQ) questionnaire, consisting of 40 items scored on a 4-point scale ranging from 1 (never) to 4 (always), analyzed by the Chi-Squares test. The result (75.0%) of high self-management while controlling blood pressure between controlled and uncontrolled blood pressure is the same as 50%. By using the chi-square test, the p-value (0.23) > obtained α (0.05). Conclusion: There is no relationship between self-management and blood pressure control in hypertension sufferers.

Keywords: Self Management, Blood Pressure Control, Hypertension